



Suffolk County Municipal Employees Benefit Fund

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Suffolk County Municipal Employees Benefit Fund

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The Importance of Cleanings

Recent research has shown the maintenance of healthy teeth and gums is important not only to the overall health of the mouth, but also to the overall health of the body. The evidence suggests that gum disease may be associated with heart disease, diabetes, and other diseases.



Brush, Floss, and Regular Visits

While the most important thing you can do to maintain good oral health is to brush and floss your teeth, regular dental visits are also imperative. Although seeing a dentist twice a year is appropriate for most people, others may need more frequent visits.

Preventive Care, Twice a Year

Not only will routine dental care allow your dentist to find early signs of disease, it will also enable preventive care to be performed including cleanings of teeth and gums, twice a year. For some patients, the dentist will recommend more extensive cleaning to be done at 3 month intervals.

Extensive Care - every three months

Currently, members and retirees have the opportunity to utilize the benefit of an oral examination and cleaning that is performed by their General Practitioner twice in a calendar year.* Members and retirees have the opportunity to visit a Periodontist once every three months for periodontal maintenance. If you currently have periodontal history (any surgical and non-surgical periodontal procedures the Fund covers), you are eligible for a periodontal maintenance (ADA code 4910) every 3 months.** If you do not have periodontal history with the Fund, your provider can submit periodontal charting and a full mouth series of x-rays as a predetermination to be reviewed by our consultants. Once clinically approved you would then be eligible for this procedure every 3 months. Please be aware that benefits for any non-surgical periodontal procedure will not be allowed on the same date of service as any type of prophylaxis; please check your Benefit Reference Guide for all exclusions to your dental benefits.

Eligibility; Six Cleanings Annually

In summation, members and retirees of the Suffolk County Municipal Employees Benefit Fund have the benefit of six cleanings in a twelve month period.

Cheryl A. Felice, Chair



SUMMARY OF BENEFITS

*One oral exam and cleaning performed by a General Practitioner twice in a calendar year.

**One periodontal maintenance visit performed by a Periodontist or a General Practitioner every three months, when clinically approved.



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